# Minority Medicine in Music City

BY JOHN GOSSEN

# Minority report

- Tennessee is 75% white 25% minority
- Amongst minorities 90% are Black Americans.
- Nashville is still heavily segregated.
- All minorities exhibit higher unemployment rate and lower education, wealth, income (even at equal jobs) and overall health. (Heckler) TN.gov

# Trying to beat the system

- Systemic racism has forced ghettoization and segregated Black Americans.
- Examples include restrictive covenants, redlining, urban renewal and continued income disparity.
- All of these systems have helped define Nashville's healthcare system as we know today.

# A right to life?

- ▶ All minorities in Tennessee (particularly Black Americans) experience a decreased levels of overall health.
- ▶ Blacks live on average 5.2 years fewer than whites (regardless of life choices).
- ▶ Blacks 1-44 are 25% more likely to die of traumatic injury than whites.
- This is mirrored across all measures of physical and mental well being (except suicide).

#### Abstract

- ▶ Abstract: Systemic racism could help explain the discrepancies in racial health. Significant factors could be the quality and availability of black health care options, beyond simple genetics.
- ▶ Thesis: Systemic oppression has reduced minority health overall.

# Why is the doctor shy?

- ► The Nashville hospital system gives minority users a lower quality of care.
- Minority hospitals are fewer in number (1), overburdened and offer fewer specialties.
- Meharry/ Nashville General; 116 beds. 34,000 ED visits. 4,000 admits. 10 affiliated physicians.
- Southern Hills Medical Center; 101 beds. 36,000 ED visits. 3,500 admits. 114 affiliated physicians.

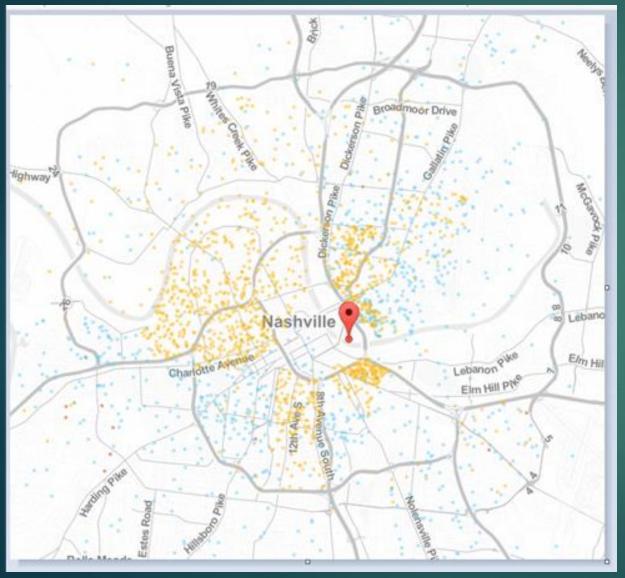
#### Racial motivations

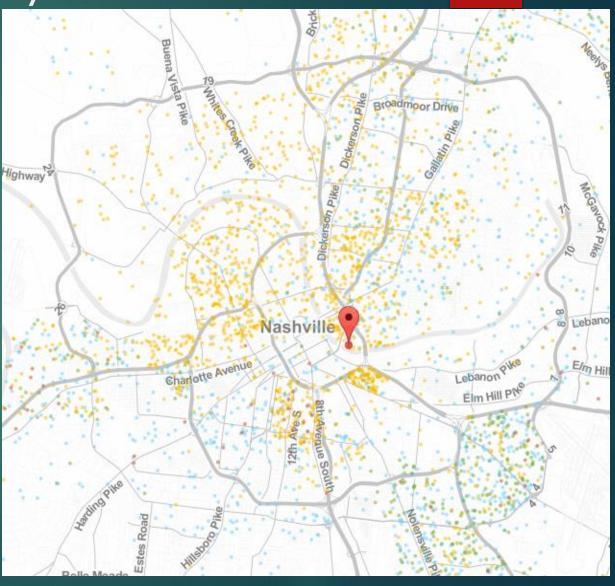
- Racial motivations have contributed to the discrepancies in available resources.
- Nashville General and Meharry merger/ timing.
- Private hospitals are built in predominantly white areas.
- ▶ Hospital expansion occurs in predominantly white areas.

# Nashville hospitals 2011



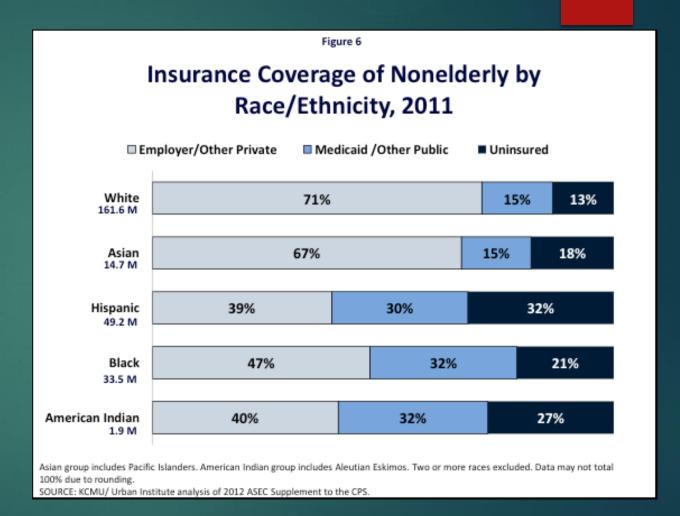
# 1980/2000 Dot Diversity





# A matter of money

- For profit hospital companies dominate healthcare today.
- Minorities are significantly less insured than whites.
- Income disparity limits access to privately owned hospitals both geographically and economically.
- Lower overall health because less access to system. (X% of blacks said they could not see doctor due to monetary constraints compared to Y% of whites.



#### Conclusions

- Systemic racism decreases minority health by reducing the availability and quality of health facilities
- Private corporations partly responsible
- Not just a Nashville trend, but a national one